





This class advances traditional Ballet principles, focusing on etiquette, posture, balance, strength, and flexibility. Each session includes a self-awareness activity to build mental and emotional resilience, nurturing both skill and personal growth.

SATURDAYS 10:55-11:55 AM 405 Rufe Snow Dr Keller, TX

## MONTHLY TUITION

Members \$43.75 Non-Members \$50

\*Member: The Keller Pointe Recreation Center

## WHAT TO WEAR

Girls: Any color leotard, pink tights & pink ballet slippers

Boys: Black tights or athletic shorts, white shirt & black or white ballet slippers

Long hair should be pulled back and out of the face

Amazon Ideas:
<u>Shoes Tights Leotard</u>

## **LOCATION**

Conveniently located inside the Keller Pointe First Classroom on the right, across from Registration Desk

405 Rufe Snow Dr Keller, TX 76248